#### Nutrition and Health

## Beef, Iron and Wine Tonic

Article No. 2330 (355 mL/12 fl. oz.) (U.S. only)

Feeling tired? Take Watkins Beef, Iron and Wine Tonic. This therapeutic tonic, containing iron salts, beef extract and sherry wine, is especially useful for seniors, who often experience decreased appetite and are susceptible to iron-deficiency anemia.

#### Why Watkins?

- Pleasant taste: Easy to swallow.
- **Induction-sealed:** Tamper-resistant; helps keep product fresh.

# **Essential Ingredients**

- Ferric Ammonium Citrate: An easily digestible source of iron; aids in the rebuilding of red blood cells; can help overcome iron deficiency anemia caused by insufficient intake of iron in one's diet\*.
- **Beef extract, Sherry:** may help to stimulate the appetite.
- \*Iron deficiency anemia may be defined as that stage where the depletion of essential body iron is associated with a recognizable decrease in the concentration of hemoglobin (red blood cells) in the blood.



### **Ingredients**

Alcohol 18%, ferric ammonium citrate (iron), beef extract, sherry wine